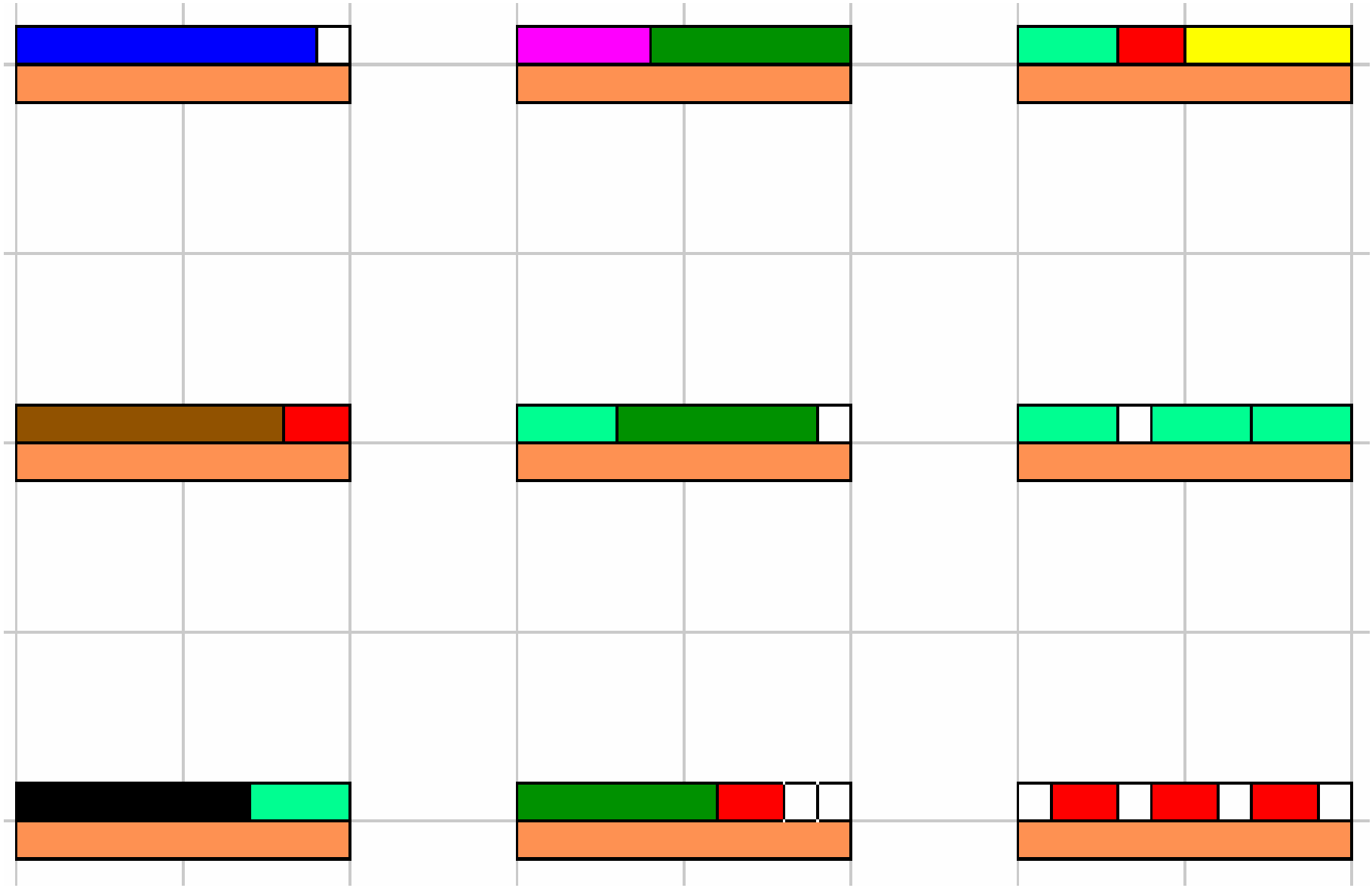Meg